

Competition rules for Underage Autumn Leagues U12 for 2013

Players Eligibility:

1. *The following is the eligible dates for which girls can play in the league.*

- Any player born on or after **1st January 2001** is eligible to play **U12** football in 2013

Fixtures:

2. **First named team at home** - If the home teams pitch is not available the venue must be offered to the opposing team at least 24 hours in advance of the original time.
3. Games can only be re-arranged on agreement from both clubs once **the coordinator is informed** of decision and reason.

Any/every request for postponement or rearrangement of a match must then be confirmed by email to the league co-ordinator by both clubs (in groups 1,5 and 6 please consider the Bye team as an alternative fixture this can be arranged between clubs)

4. Both teams are jointly responsible for confirming fixtures to the coordinator
5. All match reports must be sent to the coordinator on the day of match by both clubs please submit team photos (with Permission) for use in the media.

Games:

6. There are no cups, medals or league tables for this competition. Numbers of players participating will be recorded by the coordinator for information purposes only to be used in future matching of teams.

both. Try to accommodate all girls with football avoid subs at all costs e.g. If both clubs have 22 players play two games with 11 aside as oppose to 15 aside with 7 subs.

8. Unlimited number of rolling subs can be used in the games (**See Above Avoid Subs**)
9. Playing time is 4 x 15 minute quarters (If enjoying it, extend time if agreeable to both teams).
10. Referees should be chosen from older players or mentors in the home club on a voluntary basis, these referees will then qualify for a Refereeing course in August which will enable them to be on the panel of referees for the Autumn U13 league which they will be paid for.

A copy of the rules should be discussed before each game so that everyone is of the same mind (as much as is possible).

11. A player is only allowed 2 plays of the ball before she must pass it (2 solos or 1 hop & 1 solo)
12. Use small sized goals (3M wide by 2m high approx) two pitches can be accommodated on an adult pitch.
13. A Smart touch football should be used for all games.(Size 3)
14. Girls competing in all competitions must be registered members of the association at County level, Leinster level and National level before they can participate in any competition organised by Kildare Ladies County Board.
15. In order to give football to new players or to keep games more evenly matched, a team may field overage players provided they inform the opposition before hand, do not allow them to dominate the game or leave younger players on the sideline getting little or no football.
16. A player cannot kick the ball if an opposing player puts her hands down below her knees to lift the ball
17. After play is stopped due to a player being injured, the team in possession retains that possession by way of a free on the restart which cannot be scored directly from.
18. No shouldering or elbowing or foot blocking is allowed in ladies football.

19. A Player may pick the ball off the ground when in a standing position only.
20. Even on the ground a player may play the ball away with her hand and can score doing this.
21. A player in possession can only be dispossessed while holding the ball away from their body.
- 22. The referee's decision is final in all decisions, please respect it.**
- 23. We ask that Coaches and Parents alike show respect to the players of both teams and the officials at all times**
24. Scores at the Blitz day will be recorded for grading purposes for the Autumn Leagues.



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