

## Kildare Ladies Football 2013 League Rules

*The following are a summary of rules and guidelines for the Kildare Ladies Football senior leagues 2013. Full rules governing all aspects of ladies football are contained in the 2013 rule book, available from Croke Park. Please ensure that your team management and players receive a copy.*

### **Fixtures:**

1. Fixtures are to be played on or before the appointed days as per the official fixture list or within **7 days by agreement with the opposition & Fixtures Secretary**. Games not refixed within 7 days of the original fixture will result in **zero points** to the team who requested the change and **3 points** to the team who could fulfil the original fixture date.
2. Valid acceptable reasons for the postponement of matches at short notice are,
  - A) Bereavement closely associated with the team.
  - B) Weather related – where pitches are unplayable, if opponents pitch is also unavailable.

***No other reason will be accepted for changing a game less than a week in advance of the given dates and times.***

**Please note no games can be re-fixed or played on county training evenings or for a non appointed Sunday without prior permission of the Fixtures Secretary. Any such request must be received at least 7 days prior to the re-scheduled game.**
3. All requests for changes to fixtures must be communicated **by both** teams to the league Fixtures Secretary for approval **not later than 7 days** before the official fixture date. Failure to notify the Fixtures Secretary may result in **zero points being awarded to both teams** and referee costs awarded against the home team.
4. Both teams are jointly responsible for confirming fixtures to each other and the league Fixtures Secretary **at least 7 days in advance**.
5. All results and match reports must be sent by text to the Fixtures Secretary on the day of a fixture by **both clubs**.
6. The Fixtures Secretary will appoint neutral referees and will inform both teams in advance. **Home club to pay the referee (€30) at the end of every match.**
7. The Fixtures Secretary is the first point of contact for all club fixtures. The fixtures committee is responsible to investigate all variances to the fixture schedule and the fixtures committee will have final say on all decisions.

8. First named teams at home - If the home team's pitch is not available the venue must be offered to the opposing team at least 24 hours in advance of the original fixture time.

### **Games:**

9. All teams must have a minimum of 11 players to start a game in order for that game to be legal in Ladies football terms. All games to start with equal numbers and be played with equal numbers of players, i.e. 11, 12, 13, 14 or 15 aside, but not less than 11 a side. All semi-finals and finals are 15 aside.
10. Unlimited number of subs can be used in the group stages and semi finals, with **only 5 (five) subs allowed for finals.**
11. 3 points will be awarded for a win and 1 point for a draw.
12. If a team withdraws from a competition all remaining teams will receive three points.
13. The top **4** teams in each division qualify for semi finals; 1 v 4 and 2 v 3 with teams 1 & 2 having home advantage. The bottom two teams play a relegation play off; losing team to be relegated. If two teams finish on equal points for one position, the following criteria is used to determine the final positions,
  1. The match results between the two teams, then.
  2. The overall score difference in the games between the teams, then
  3. The team who had more scores in the games between the two teams
  4. Play-Off.

**NOTE:** If a team has received a walkover during their league campaign they will be given a +5 point score difference, the team giving the walkover will be given a -5 point score difference
14. All match day players to be recorded on official ladies football team sheets. Books are available from the county secretary and Croke Park.

### **General Rules**

15. A Number 4 O'Neill's ball to be used.
16. All games are 30 minutes per half.
17. Girls competing must be registered members of the association at County level, Leinster level and National level **before** they can participate in any competition organised by Kildare Ladies County Board.
18. If a team plays an illegal player in a competition e.g. member of another club, unregistered player etc, then the team loses the match, may be expelled from the competition and this may lead to the club being suspended for up to six months.

## **Playing Rules**

19. A player cannot kick the ball if an opposing player puts her hands down to lift the ball.
20. While play does not have to be stopped immediately a player is injured, it should be stopped if the injured player is in the way of play, in any danger or if the referee deems the injury to be serious.
21. After play is stopped due to a player being injured, the team in possession retains that possession by way of a free on the restart which cannot be scored directly from.
22. No shouldering or elbowing or foot blocking is allowed in ladies football
23. A Player may pick the ball off the ground when in a standing position only.
24. Even on the ground a player may play the ball away with her hand and can score doing this.
25. A player in possession can only be dispossessed while holding the ball away from their body.
26. The referee's decision is final in all decisions, please respect it.

## **General Guidance**

27. Give respect to earn respect to all
28. Make this enjoyable for all involved.
29. The fixtures committee will have final say in all disagreements.